

Appendix 1. Difference in baseline characteristics between patients available at 2-6 months and patients lost to follow-up

Demographic variables	Available for follow-up	Lost to follow-up	P value
Patients	82	38	
Type of follow-up selected			
Scheduled	36(44%)	20 (53%)	0.43
Optional	46 (56%)	18 (47%)	
Age	45 (\pm 20)	40 (\pm 16)	0.14
Sex			
Male	34 (41%)	29 (76%)	<0.001
Female	48(59%)	9 (24%)	
Marital status			
Single	32 (39%)	18 (47%)	0.61
Married/Living with Partner	40 (49%)	15 (40%)	
Separated/Widowed	10 (12%)	5 (13%)	
Employed at enrollment			
yes	63 (77%)	28 (74%)	0.82
no	19 (23%)	10 (26%)	
Education (years)	16 (\pm 2.9)	15 (\pm 2.5)	0.19
Smoking			
yes	7 (8%)	10 (26%)	0.021
no	75 (92%)	28 (74%)	
Fracture type			
Metacarpal fx	41 (50%)	22 (58%)	0.35
Distal Radius fx	26 (32%)	13 (34%)	
Radial head fx	15 (18%)	3 (7.9%)	
Overall evaluation of visit	9.3 (\pm 1.5)	9.5 (\pm 0.73)	0.42
Decisions at visit			
Change cast or splint	52 (63%)	29 (76%)	0.40
Change protocol	5 (6.1%)	0 (0%)	
Psychosocial Assistance	3 (3.7%)	1 (2.6%)	
None	22 (27%)	8 (21%)	
Patient reported outcomes			
QuickDASH at enrollment	46 (\pm 19)	45 (\pm 19)	0.79
Pain Score at Enrollment	3.6 (\pm 2.3)	4.4 (\pm 2.6)	0.089
Patient Health Questionnaire-2	0.46 (\pm 1.0)	1.2 (\pm 1.7)	0.0033
Pain Self-Efficacy Questionnaire	48 (\pm 11)	47 (\pm 10)	0.50
Satisfaction			
Hand/arm satisfaction at enrollment	6.3 (\pm 2.8)	7.2 (\pm 2.7)	0.14
Satisfaction with care delivered at enrollment	4.9 (\pm 0.48)	4.8 (\pm 0.37)	0.90
Satisfaction with personal manner of physician at enrollment	4.9 (\pm 0.32)	4.9 (\pm 0.27)	0.90

Continuous variables as mean (\pm standard deviation); discrete variables as proportion (number); **bold** indicates statistically significant difference